



## Crestmont Elementary School Partnering with Placer County Food Drive to "Fill the Cupboard." October 14th to November 8th

All non-perishable food donations will help Placer Food Bank feed children, families, and seniors right here in our community.

There will be five barrels around the campus for you to place your donations in. Last year we donated 500 pounds of food! We can surely surpass this!

Most Needed Items to Add to Your Shopping List: Peanut Butter (plastic containers only please), dried pastas like spaghetti, egg noodles or macaroni & cheese, pasta sauce (canned or plastic containers only please), cereals, canned tuna, chicken, or salmon, canned fruits, canned vegetables, soups, chilis and stews, canned black beans, kidney beans, or garbanzo beans, brown, white or wild rice, dried lentils, beans or peas, dried fruit, granola bars, shelf-stable milk, 100 percent fruit juice (canned, plastic or boxed please), and other nutritious, "healthy-choice" foods (preferably with reduced fat, sodium, and sugar). Please: NO glass items.

No Time to shop? You can also give donations to the front office and Placer County will collect it with the cans. We also welcome you to make donations online at <a href="https://www.PlacerFoodBank.org">www.PlacerFoodBank.org</a>. Your online donation can be designated for Crestmont if you make a note that you are from CRESTMONT FOOD DRIVE. With your donation, Placer Food Bank will purchase food for pennies on the dollar. With \$1, they can purchase \$8 worth of groceries, which is about 5 pounds of food!

## Thank you for your support!

